

"Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS
COMMUNITY CENTER

8047 members

"Spring" into our Activities this Month!

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March is a great month to be thinking about the end of snowy, frigid weather, the beginning of longer, sunnier days & what activities (dare we say "outdoors") you can register for at our community center!!!

Swim lesson registrations start soon, youth & adult baseball and softball sign-ups will be accepted this entire month and our water/land fitness classes have a spot reserved just for you!

Plans are also underway for our week-long "Spring Fever '10", activities for kids the week of Spring Break (see below)!!!!

Our annual "Salute to the City" is on Saturday, March 20 at 6:30 pm at the Community Center. Tickets are available NOW in the Chamber of Commerce office at the community center! The cost is just \$30 per person! The public is invited!



The indoor pool, whirlpool, sauna & steam rooms will be closed for maintenance on Monday, March 22 at Noon thru Saturday, March 27.

Members may swim at the Brook Park Rec. Center!

Spring Fever '10 Activities Are Being Planned!

Our annual week of FREE activities for kids at the center will be held this month from Monday, March 29 to Sunday, April 5!

There will be crafts, water volleyball, the Beach Bunny Indoor Pool Party, bingo, free play in the game room,

table tennis, basketball challenges, concession specials and much more! A calendar of events is available in the lobby so make plans to attend one or more of the activities and have a lot of fun while on Spring Break and have a Happy Easter!

The 2010 Midd. Hts. Women's Club Scholarship Application forms are now available!

Female residents of Midd. Hts. Who are in the graduating class of 2010 are eligible!

The deadline to apply is March 25, 2010 and you must send apps to Adeline Paluch, 14621 Cherokee Trail, Midd. Hts., 44130

Our next "Royal Ball" for kids will be held on Sunday, April 11 from 5-7 pm! Tickets are just \$7 per person (a limit of 8 per person, please!) Tickets will go on sale on Sunday, March 7 for this special event!



Pavilion Rentals will be accepted for the 2010 season for residents & non-resident yearly members starting Mon., March 1! Call Mary at the front desk at 440-234-2255!

Our 1st Beach Bunny Indoor Pool Party (formerly the Bunny Brunch) will be held at the center on Saturday, April 3 from 2-4 pm. This event is FREE for members & just \$5 for non-members (the cost of a daily guest pass)! We'll have a DJ (TKO Entertainment) to play great music, games, prizes, give-a-ways & a water

News & Notes

egg hunt! Our traditional Easter Egg Hunt will be held at 1:00 pm on the city ballfields (weather permitting) and is FREE to all age 12 & under!

Register for our youth baseball/softball and adult coed & men's softball leagues this month!!! If you're interested in coaching a youth team, please indicate that on the form!

The annual A.S.K. Spring Dance is Friday, March 26th from 6:30-8:30 pm! This dance is FREE to all participants and their families!

Senior Section

The Senior Olympics are back!!! This popular event will be held in April at the center (date to be announced soon). For details on any senior program, please see Janet Shugar, Senior Services Coordinator.

Attention Bingo Lovers — games will be held on Tuesday, March 16 at the center in the community rooms from 10-11:30 am! Winners split the pot! 25 cents per card/per game.

The next trip will be held on Thursday, March 4 to The Rivers Casino in Pittsburgh! The cost is \$25. Bus leaves at 7:30 am but be here at 7 am. The bus will return at @ 7 pm.

Computer classes are available on Tuesdays from 9:30-11:30 am for a fee! Learn the basics of using a laptop and be with other Seniors at the same time! Call Tech Wise L.L.C. to sign up at 440-942-7853. Sessions last for two weeks and cost \$49 per session.

Adult Indoor Dance Schedule

The following dances are held on Tuesdays from 1-3 pm and are sponsored by the Tri-City Sr. Ctr. Admission is \$4 per person:

Mon., March 1 Ed Klimczak
Fri., March 12 Eric Noltkamper
Tue., March 16 Al Battistelli
Tue., March 30 Al Battistelli

The following dances are held on Sundays from 4-7 pm and are sponsored by the Rec. Dept. Admission is \$4 per person:

March 21 Swing Time Big Band
May 16 Fred Ziwich Band

Outdoor Concerts begin Sun., June 13!

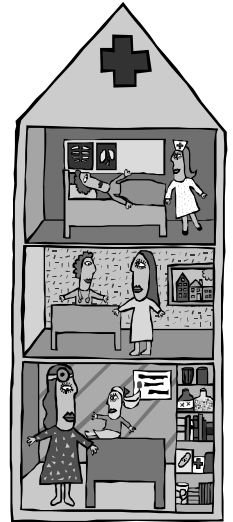
Community Health Awareness Programs this Month

Southwest General Health Center provides (Val Grzybowski, R.N.) to our community at various times throughout the month. Call 440-816-4037 for details!

- Mon., March 8 Blood Pressure & Glucose Screening (7-8:30 am)
- Tue., March 9 Blood Pressure & Glucose Screening (8 am-12 pm)
- Wed., March 10 Think Green (9-11 am)
- Tue., March 23 Colon Health (8-10 am)
- Mon., March 29 Portion Distortion (8-10 am)

*All of the above programs are **FREE** except where noted

The next Red Cross Blood Drive is Wednesday, March 10 from 1-7 pm at the center!

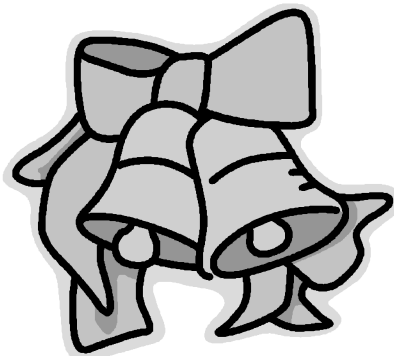


Safety Town Sign-ups begin this month!

Registrations for our very popular "Safety Town" program will be held starting Monday, March 15th! Resident Boys & Girls entering Kindergarten in the fall of 2010 are welcome. The program begins on Monday, June 14th and ends on Thursday, June 24th. Class times are at 9:00 am, 11:00 am or 1:00 pm. There is a \$15 fee to sign-up! Forms will be available at the Midd. Hts. Police Station and at the community center!! Preteen and teen volunteers are also needed to help run this activity. You can leave your name, age & phone # at the community center beginning Monday, March 15th!

"From Wishes to Weddings" Event is this Month!

The 2nd annual bridal fair entitled "From Wishes to Weddings" will be



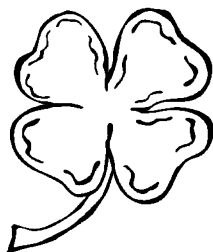
held on Sunday, March 7th from 3-6 pm! Join over 50 vendors at this special one-stop-shop event! We can help you plan a wedding better than you ever could have wished for! The 1st 250 brides get a complimentary carnation courtesy of Creations by Lynn. There is no admission fee or pre-registration required! We'll have great door prizes & give-a-ways !!

The Friendly Walkers Breakfast Club meets at 8:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area!

If you would like to receive twice-a-month updates on everything that's happening in the Rec. Dept. via email, send an email message to Steve Dockman at steved17@wowway.com, type in the word "newsletter" in the subject line & we'll hook you up!

16000 Bagley Rd.
Midd. Hts., Ohio 44130

Phone: 440-234-2255
Fax: 440-234-3228
Email: steved17@wowway.com



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun?

Try our indoor or outdoor
Birthday Party Packages

at the Community Center



Pick up a flyer in the lobby for more info and then contact Mary at 440-234-2255 or marym35@wowway.com to reserve your date!!

WE'RE ALSO ONLINE AT
WWW.MIDDLEBURGHEIGHTS.COM

A.S.K. (Special Needs program) swimming will be held on Mondays from 7-8 pm starting Monday, March 29 thru May 24 in partnership with the Midd. Hts. Women's Club. The A.S.K. Spring Dance will be held on Friday, March 26 from 7-9 pm!

Our Tot Watch Room has some great programs besides just child care. New programs coming soon are "Sign Language", "Simply Spanish", "Math Mania", "Computer Creativity" and much more!! Of course, they still have the oldies but goodies!

Spring Swimming Lesson registrations for members will begin on Tuesday, March 16th! Non-members can start signing up on Tuesday, March 23rd! Don't be left out! Classes start in mid-April!

Plans are moving forward for the 2010 Summer in the City festival scheduled for June 25, 26 & 27! Anyone interested in participating in the parade, operating a booth or being a food vendor, should contact Carl at 440-234-2255 or via email at carlg@wowway.com for an application.

Tickets (\$7 per person) are on sale this month for our next "Royal Ball" on Sunday, April 11 from 5-7 pm, an opportunity for all the princes & princesses of the "kingdom" of Midd. Hts. to meet, eat & dance with and have their photos taken with Disney Princesses who will be in full costume this night!

Head Coaches are needed for 4th grade boys & 5th grade travel basketball teams that will compete in the Lake Erie League in the 2010-11season! Contact Larry at 440-234-2255 or larrys@wowway.com.

Kids Korner

Our next Youth Dance of the year for 10-14 yr. olds will be Friday, March 19 from 7-10 pm at the community center!



It's almost time to start thinking about summer camps!

Weight Training for Kids classes are held on Saturday mornings at either 9 or 10 am (you choose)! There is a limit of 5 kids ages 12-14 per class. The cost is just \$10 for members & \$15 for non-members for 4 Saturday classes. You'll learn how to use weights PROPERLY and if you pass, you can work out on the weights w/o a parent!

Out Tot Watch Camps will be held on Tuesdays, Wednesdays & Thursdays with exact dates, themes, and registration forms out soon!

Tickets are \$3 for members & \$8 for non-members go on sale on Fri., March 12!