

July, 2010

The Middleburg Hts. Recreation Department

# "Heights Highlights"

A monthly update of recreational programs, activities & special events in our city!



MIDDLEBURG HEIGHTS  
COMMUNITY CENTER

8304 members

## Happy 234th Birthday, America!

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Summer is unofficially half over with the approach of Independence Day but our summer recreational programs and activities are still going strong!

Our Kidszone Summer Camps have been a huge success (almost all the spots have been taken for this year), our baseball/softball teams are having fun & the outdoor pool is packed on these lazy, hazy & crazy summer days!

We still have a number of activities that are available for people of all ages. Use this newsletter, pick up a flyer in the lobby at the center. visit our web site for more information or get on our e-newsletter mailing list!

By the way, thank to all those who came out to the 3rd Summer In The City Festival! It was HUGE success!!!

**Surfin' Safari (our annual family outdoor pool party) tickets are on sale starting Mon., July 6 for just \$3 per person! The party is on Sunday, August 1st from 7-9 pm. We'll have a DJ playing great summertime tunes, contests, prizes, food and swimming!**



**The community center & outdoor pool will be closed on**

**Sunday,  
July 4th!**

**Happy  
Independence  
Day!**

**USA-USA-USA!**

### Miss Middleburg 2010 Pageant Results!

The annual Miss Middleburg Hts. Pageant was held at the center on Saturday, June 26th as part of the Summer in the City Festival! 5 young ladies competed for the crown. The winner was Anna Lobas! Anna will be a Senior at Midpark High School

in the fall and is the daughter of Christine & Richard Lobas. She will receive over \$1,250 in money & gifts. Special thanks go to Melissa Matthews, Miss Middleburg Hts. 2009, for representing our city so well this past year! Go to page 3 for more results!

www.middleburgheights.com

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The “Kidszone” (formerly called the Tot Watch) now has the Wii game system and a second computer with Internet access for the kids!

The Kidszone is a great place to bring your children for the summer!

New hours are 9 am-Noon & 2-8 pm, Mon.-Fri. & 9 am-2 pm on Sat. The Kidszone is closed on Sundays!

### **DID YOU KNOW?**

**Residents 60 yrs. old + can register with the Senior Transportation Connection to schedule a ride within Midd. Hts. for \$1, Monday thru Friday from 8 am-3:30 pm! Call STC at 1-800-983-4782 for more info!**



## **Pool News & Notes**

The indoor pool will close from Mon., Aug. 16th thru Fri., Aug. 27th for routine maintenance, repairs and cleaning. The outdoor pool will remain open! Members may use the indoor pool at the Brook Park Recreation Center by leaving their name and membership # with their front desk staff.

Registrations for our Lifeguard Training Program will be accepted this month! Students must be 15 yrs. old by August 6! A \$20 non-

refundable deposit is due upon signing up! Deadline is Friday, July 30. Call Donna at 440-234-2255 for info!

Non-members may purchase a daily pass at the front desk prior to their swim lesson and bypass the wrist band & view stamp. Swimmers under the age of 8 must have a paid admission for themselves plus an adult who will directly supervise them following their lesson. The rate for ages 3-59 is \$7 per day. Please note that is ONLY available the day of the child's lesson.

## **Senior Section**

Attention Bingo Lovers — games will be held on Tue., June 29 at the center in the community rooms from 10-11:30 am! Winners split the pot! 25 cents per card/per game.

This month's trip will be held on Thursday, July 1 to the Meadows Casino (includes \$20 of free play)! Contact Janet for info! The next trip is on Thursday, Sept. 9 to Hartville, Ohio (Amish Country). This trip will sell out fast so don't wait!

Computer classes are available on Tuesdays from 9:30-11:30 am for a fee! Learn the basics of using a laptop and be with other Seniors at the same time! Call Tech Wise L.L.C. to sign up at 440-942-7853. Sessions last for two weeks and cost \$49 per session.

A FREE appreciation luncheon for all SilverSneaker active members will be held on Wed., July 14 from Noon-1 pm at the center. Please RSVP to Mary in the main office before 7/12!

## **Adult Summer Dance Schedule!**

The following dances are held from 1-3 pm on weekdays. Admission is \$5 per person & includes coffee & a donut:

Tue., July 6	Al Battistelli
Mon., July 12	Eric Noltkamper
Tue., July 20	Ed Klimczak
Fri., July 30	TBA

The following Concerts-in-the-Park are from 6:30-8:30 pm and are sponsored by the Rec. Dept. Admission is FREE:

July 18	Happy Time Button Box Band
August 22	Fred Ziwich Band

## Community Health Awareness Programs this Month

Southwest General Health Center provides (Sandy Hertz, R.N.C.) to our community at various times throughout the month. Call 440-816-4044 for details!

- Mon., July 12th      Blood Glucose & Blood Pressure Screening (7:30-9 am & 7-8:30 pm)
- Tue., July 13th      Blood Glucose & Blood Pressure Screening (8 am-12 pm)
- Wed., July 14th      Blood Glucose & Blood Pressure Screening (12:30-2 pm)
- Thur., July 15th      Blood Glucose & Blood Pressure Screening (12:30-2 pm)
- Wed., July 21st      Blood Glucose & Blood Pressure Screening (10 am-2 pm)



\*All of the above programs are **FREE** except where noted  
*The next Red Cross Blood Drives are Thursday, July 15 & Monday, July 26 from 1-7 pm at the center!*

## SilverSneakers Classes Are Available For All!

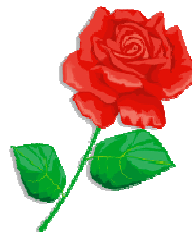
Did you know that we offer morning exercise classes Monday thru Friday for absolutely **NO CHARGE** to members of our SilverSneaker program which is over 1,700 strong! A complete schedule is available in the lobby or at the front desk. If you have Anthem, Humana, WellCare, AARP insurance thru United Health Care, etc., you may be eligible to join and get a free membership! Also, if you are a SilverSneaker, don't forget to register for our annual hamburger/hot dog "cook-in" on Wednesday, July 14th from Noon-1 pm. Bring something to share with at least 10 other people and hear what our SilverSneakers say about our center & fitness classes!

**DID YOU KNOW?**

The Friendly Walkers Breakfast Club meets at 8:00 am on the first Friday of the month here at the center to discuss exercise tips, plans for future meetings/ special events & socializing! Breakfast follows at a nearby restaurant. If you're looking for the camaraderie of fellow walkers, please contact Laurie in the Fitness Area between 4-8 pm on Sundays or call her at 440-268-9767.

## More Miss Middleburg Hts. Pageant Results!

The 1st Runner-up for the pageant was Sarah Dubai, a 17 yr. old Senior at Magnificat High School. Abby Uveges, an 16 yr. old Junior at Hearts for Jesus Christ School won Miss Congeniality & Anna Lobas (who is the new Miss Middleburg Heights) also was awarded The Miss Photogenic Award. Other participants were Chelsea Cieker, & Jessica Ballas, both 17 yr. old Seniors at Midpark High School.



Look for more information about our programs in the:

**NewsSun**  
**Lobby at Center**  
**Web Site**  
**Community TV Stations**  
**Plain Dealer**  
**E-newsletter**

16000 Bagley Rd.  
Middleburg Hts., Ohio 44130

Phone: 440-234-2255  
Fax: 440-234-3228  
Email: [steved17@wowway.com](mailto:steved17@wowway.com)



Looking for a great place to have your child's birthday party that's close to home, inexpensive and fun ?

Try one of the  
**Birthday Party Packages**

at the Community Center



CHECK US OUT AT  
[WWW.MIDDLEBURGHEIGHTS.COM](http://WWW.MIDDLEBURGHEIGHTS.COM)

Pick up a flyer in the lobby for more info or go online and then call Mary at 440-234-2255 or email [marym35@wowway.com](mailto:marym35@wowway.com) to reserve your date!!

***There's plenty of activities to register the kids for this summer:***

**Midpark High School Sports Camps**

The annual basketball camp for boys in grades 3-8 will be held the week of July 12-16 from 9 am-Noon at the Sports Center. The fee is \$60 and includes a t-shirt and awards for daily contests! Call Coach Trzebuckowski at 216-898-8841 x 4703 or email [ttrzebuckowski@bera.k12.oh.us](mailto:ttrzebuckowski@bera.k12.oh.us)

The annual football camp for boys in grades 4-8 will be held the week on July 13, 14 & 15 (Tues.-Thur.) from 9 am-12 pm at Midpark. The fee is \$40 if you pre-register & \$50 at the door. Call Coach Stupka at 216-676-8400 x 4732 for more info!

**Fall Soccer accepting registrations**

All boys & girls ages 3-14 who want to play in our Fall '10/Spring '11 Soccer Leagues should register at the center from during the month of July! Ages 3-4 (Tots) pay a \$10 fee (\$15 for non-resident yearly members) for fall only. Ages 5-6 (Munchkins) & ages 6-14 (Youth) pay a \$40 fee (\$45 for non-residents who attend school in Midd. Hts.). Fees for Munchkins & Youth cover the fall & spring seasons! Discounts for multiple children!!

Fall flag football, cheerleading & volleyball registrations will be accepted beginning Thur., July 15th!

**Kids Stuff**

The Cavs & the National Basketball Academy will conduct a camp for boys & girls ages 7-16 at the center this summer the week of July 26-30 from 9 am-2:30 pm! You'll great 5 days of instruction, games, contests & fun; a Cavs t-shirt, an 09-10 game ticket, a Lebron Bobblehead and much more! The cost is \$245 per camper. Registration forms are at the center or go to [www.thebasketballacademy.com](http://www.thebasketballacademy.com)

Our gymnastics program is offering a 4-week summer session this month from July 12-Aug. 2 and a 1-week camp Aug. 9-13! Boys & Girls ages 18 months-16 years old, are welcome to join! This program will be taught by a USAG safety certified instructor with over 16 yrs. experience. There are 5 age groups based upon age and skill level. No prior experience is necessary. See flyer in lobby!

The Kidszone 2010 Summer Camps still has a few openings for the following Tues.-Thurs. sessions: July 13-15 & July 20-22! Kids must be ages 3-12 yrs. & be potty-trained. See the Kidszone Staff or stop by the front desk to sign-up!



[www.middleburgheights.com](http://www.middleburgheights.com)